

# EVOLUTION DANCE & FITNESS STUDIO INC.

## HAIR & MAKE-UP INFORMATION

### STAGE MAKE-UP

- M.A.C. Studio Tech Foundation and or Studio Fix for base and foundation
- M.A.C. Studio finish cream concealer for under eyes
- L'Oreal Black Liquid Eyeliner or M.A.C. Gel Eyeliner
- Black Eye Lashes suitable to the size of your eyes (Ardell 101, 105, 107 or Andrea 26, 28 or M.A.C. 3) **\*\*we will be selling eyelashes at the studio this year\*\***
- Blush – Desert Rose
- Eye shadow – Base: Vanilla  
Crease: M.A.C. Brun
- Lips\*\* – M.A.C. Vino Lip Liner and M.A.C. Diva Lipstick **\*\*new**
- Bronzing Powder

\* For better results, use M.A.C. brushes #116 Blush Brush, #194 Concealer Brush, #213 Fluff Brush (Base), #224 Tapered Blending Brush (Eye Crease), #316 Lip Brush.

All eyebrows should be tweezed or waxed in a natural shape. **No coloured toe or nail polish!**

### HAIR STYLES

#### **Buns**

Buns are low or high depending on the style of dance. Low buns have a middle part. They must be secured tightly which requires using many bun pins and hair nets that match the colour of hair. Most buns require the use of a bun donut.

*Pigtail Buns:* two high buns secured tightly with middle part

#### **Ponytails**

*Curly:* Bangs must be slicked back with gel and hairspray. Wigs are mandatory for all dances that require a curly ponytail and can be purchased at Dance Essentials or Second Skin.

*Half Up/Half Down:* Hair is curled with half of the hair pulled back in a ponytail.

*Straight:* Ponytail is low or high depending on the style of dance. High straight ponytail is slick back high on head; low ponytail will have a middle part. Hair should be ironed straight.

#### **Braided Styles**

French braids into bun, low ponytail or pigtail braids

French braids must be tight to head and slick, with middle part

Parents are required to come to competition with the following:

- All dance shoes! All Hairpieces!
- Make-Up kit with all eye shadow, blush, eye liner, lipstick, etc. outlined above
- Earrings/ Choker/ Hair Jewel
- Extra tights – bring an extra pair of each colour and style that are new without runs/holes
- Hair brush and thin-toothed Comb
- Bun Pins (A shape) and Bobby Pins
- Hair Nets, Bun Donuts, extra Hair Elastics
- Hairspray, Gel, and Spray Bottle with water
- Straight Iron and/ or Curling Iron
- Double-sided tape and/ or Body Glue
- Eye Lashes and Glue
- Needle, Thread, Scissors, Safety Pins
- Baby Wipes, Make-Up Remover
- Anti-Perspirant
- First Aid Kit with bandages and Ice Pack
- Screw Driver
- All costumes and accessories!!!

**Do not leave any competition venue without checking you have all costumes, accessories, and shoes!**